



About Dr. Diana Carleton

Dr. Diana Carleton has over twenty years experience providing coaching, team building, marketing, organizational consulting, professional development and management services. This breadth of experience covers a diverse group of settings such as international management consulting firms, agencies and non-profit businesses, health care industries and universities. Her work focuses on helping individuals and organizations develop their maximum potential. She is one of the founders of AccessSuccess and is a faculty member of the Houston Galveston Institute. She is the Program Director for the graduate psychology program at Our Lady of the Lake University in Houston. Her strong leadership skills were developed by leading several start up businesses and effectively directing programs in non-profit organizations, health care and training institutions. She takes pride in guiding others to develop effective leaderships skills.

Accomplishments / Experience

Diana's accomplishments include successfully coaching and developing several new businesses that provided psychological services to individuals and organizations. She coached executives and middle management of a major oil company in developing new career opportunities, which in many cases led to successful second careers or improved career opportunities in their present field of expertise. Her work in developing a system for screening and hiring personnel in several organizations resulted in more appropriate placement and less turnover. She is excited to be working in the Appreciative Inquiry method of consulting which uses a collaborative model to focus on what is working in organizations, rather than problem conversation. She also trains already effective leaders to maximize their potential through cultivating their Emotional Intelligence in relating to others.

Diana was instrumental in the successful start-up of several organizations and programs, which continue to provide services today. These organizations include:

- MHMRA of Harris County
- MHMRA of Tri County.
- Our Lady of the Lake University
- Texas Women's University
- Mental Health Association

Organizations that have benefited from her consultation and training skills include:

- Bellaire Hospital
- Hermann Hospital
- HCA Gulf Pines Hospital
- Conroe ISD
- University of Calgary Medical School
- Houston Galveston Institute
- Drake Beam, Morin, Inc.

EDUCATION

Diana received her doctorate in Educational Psychology from the University of Houston in 1987. She is a Licensed Psychologist and a Licensed Marriage and Family Therapist